

**EAST DISTRICT CROSS COUNTRY RELAY
CHAMPIONSHIPS
SATURDAY 8th OCTOBER 2005
EDINBURGH (Corstorphine Hill)**

Referee	Ron Morrison
Clerks of Course	Ian Hislop, Dave Law
Judges/Changeover	Neil Donachie (Chief) Dave Cairns Andy Law, Phyllis Law
Timekeepers	Raymond Hutcheson, Alan Carruthers
Recorders (Time)	Ian Mann, John Brash
Recorders (Places)	Ian Clifton (Chief), Marion Donachie Rachael Halliday
Starter	Barry Craighead
Marksman	Kenny Marshal
Declarations/Results	Jen Jackson, Peter Jackson, Marjory Cook, George McEwan
Presentations	Sandra Hardacre
Announcer	Bob Gray
First Aid	Red Cross
Course Marshals	Corstorphine AAC and Harmeny AC
Convenor	Alex Jackson

RACE	START
Young Females	12.30pm
Young Males	1.00pm
Sen/Jun Females	1.30pm
Sen/Jun Males	2.30pm

NUMBERS

Young Females and all laps YELLOW numbers
Young Males all laps BLACK numbers
Senior Women all laps RED numbers
Mens numbers are 1st Lap WHITE 2nd Lap WHITE 3rd Lap RED
4th Lap WHITE



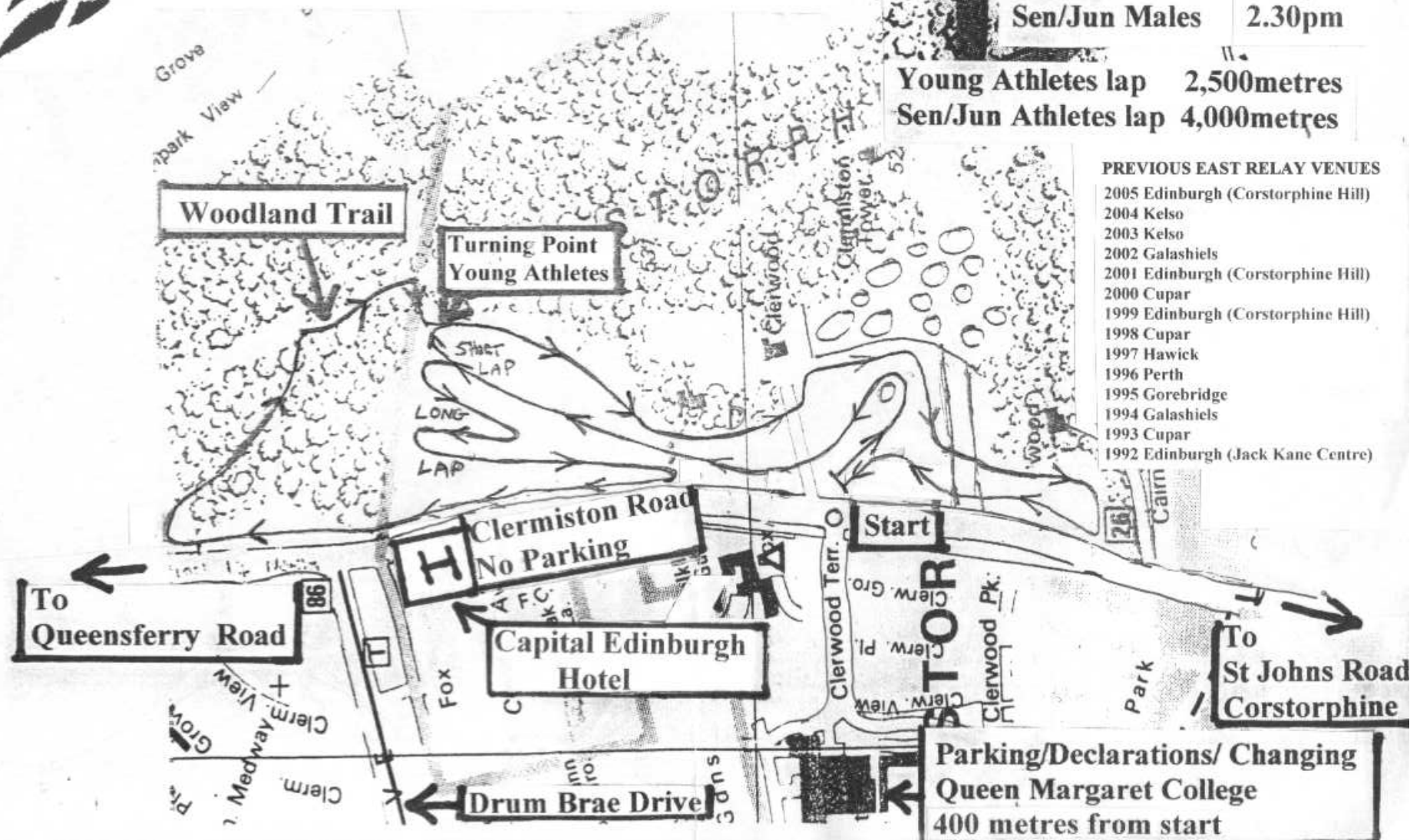
EAST DISTRICT CROSS COUNTRY RELAYS
CORSTORPHINE, EDINBURGH
SATURDAY 8th OCTOBER 2005

RACE	START
Young Females	12.30pm
Young Males	1.00pm
Sen/Jun Females	1.30pm
Sen/Jun Males	2.30pm

Young Athletes lap 2,500metres
Sen/Jun Athletes lap 4,000metres

PREVIOUS EAST RELAY VENUES

2005 Edinburgh (Corstorphine Hill)
2004 Kelso
2003 Kelso
2002 Galashiels
2001 Edinburgh (Corstorphine Hill)
2000 Cupar
1999 Edinburgh (Corstorphine Hill)
1998 Cupar
1997 Hawick
1996 Perth
1995 Gorebridge
1994 Galashiels
1993 Cupar
1992 Edinburgh (Jack Kane Centre)



Aberdeen AAC

U13 Gillian Parker
U15 Paula Davies
U17 Laura Hepburn

Emily Legge
 Natasha Alexander Amy Longmuir

Team Nos 71,72**Central AC**

U13 Lorna Cameron
U15 Rebecca Hay
U17 Rachel Hunter

Fiona Cameron
 Kate Morris
 Catriona Buchanan

Mairi Gillespie
 Claire Tunaley
 Gemma Milne

Team Nos 73,74,75,76

Rachel Adamson
 Georgia Quinn
 Anna Jamieson

City of Edinburgh

U13 Samantha Blair
 Philipa Valente
U15 Lauren Stoddart
U17 Stephanie Lyaill

Nicki Thomson
 Bethany Valente
 Jenny MacDougall

Faye Kearney
 Martha Ryan
 Megan Gaffney

Team Nos 77,78,79

Emma Rogers
 Broghan Hay

Corstorphine AAC

U13 Clare Alexander
U15 Caitlin Wilson
U17 Kathleen Dempsey

Alice Mackenzie
 Mhairi Hunter
 Megan Smith

Danielle Clyde

Team Nos 80,81**Dundee Hawkhill**

U13 Iona Brady
U15 Yolanda Hodgson
U17 Elizabeth MacLeish

Suzanne Salmond
 Rebecca Young
 Yasmine Tosh

Team Nos 82,83**Edinburgh Southern H**

U13 Emily Dudgeon
 Fiona Sinclair
U15 Sarah Brown
U17 Hayley Duncan
 Laura Dunn

Emily Owens
 Alexandria Moran
 Alice Loudon
 Amie Harkins
 Eleanor Long

Louisa Stewart
 Bethany Dodds
 Kerry Hall
 Katie McGregor
 Lorna Miller

Team Nos 84,85,86,87,88

Claire Florence
 Hazel Hall
 Emily Stewart
 Roslyn Campbell
 Catriona Sinclair

Falkirk Victoria H

U13 Sarah Hamilton
U15 Louise Kernaghan
 Megan McConnell

Abby Kemp
 Julie Duffy

Racael Garwood
 Suzi McGougan

Team Nos 89

Megan McLeish

Fife AC

U13 Lucy Duff
 Karly McDonald
 Halina Rees
 Maya Stone
U15 Amy Blake
 Chloe Donaldson
 Natasha McIntosh
 Jenny Tan
U17 Rachel Callaghan
 Freya Marks
 Amanda Woodrow

Kirsty Duncan
 Amy Mckechnie
 Rebecca Robb
 Katy Tan
 Fiona Bracegirdle
 Fiona Duncan
 Christine Paisley
 Sarah Taylor
 Lisa Glover
 Gillian McLaren

Sarah Kelly
 Alice Morrison
 Catriona Scott
 Polly Wright
 Karen Cairns
 Emma Gordon
 Laura Revell
 Emma Todd
 Claire Jarvis
 Nicola Trainer

Team Nos 90,91,92,93

Cassia Littler
 Shannon Neville
 Caitlin Smith Lisa Stobbs

 Suzanne Dillon
 Hannah Grant Fiona Kinnear
 Aillie Scobie Kiri Stone

 Jennifer Kibble
 Jade Westwater

Gala Harriers

U13 Stephanie Common Erin Miller

U15 Gillian Inglis

U17 Emily Douglas

Team Nos 94**Lasswade AAC**

U13 Claire Baxter Joanna Smith Ellie Richardson

Emma Stevenson

U15 Caitlin Froude Erin Froude Kathryn Peacock

U17 Ashley Alexander Alexandra Benham

Team Nos 95,96

Rhona Robb

Emma Gordon Laura Baxter

Pitreavie AAC

U13 Holly Wilkinson Melissa Hynd Keshia Law

Caroline Brewster

U15 Natalie Fox Sarah Ross Danielle Hynd

Kelly Brewster

U17 Siobhan Coleman Ashleigh Murray Rebecca Burns

Team Nos 97,98,99

Rachel Cook Claire Duncan

Stacey Louch Megan Frail

BOYS

Aberdeen AAC

U13 Lewis Stephen
U15 James Joy
U17 Alex Thoires
 Mark Ibbotson

Ryan Gauld
 Thomas Joy
 Mark Haskett
 Myles Edwards

Ross Wilson
 Rory Leslie
 Fraser McDonald

Team Nos 67,68,69

Sigurd Watt

 Euan Reilly

Central AC

U13 Ross Milne
 Robbie Gathergood
U15 Sean Reilly
 William Bowers
U17 Michael Gillespie
 Scott McDonald

Roddy Irvine
 Calum Gathergood
 Anthony Gillespie

 Graham Harvey
 David Devlin

Christopher Clarke
 Logan Bonar
 Alan Bennie

Team Nos 70,71,72,73,74

David Hutchison

 Alexander Hendry

 David Keye

City of Edinburgh

U13 Davy Rowan
 Dominic Okigbo
U15 Jamie Smith
 Tom Ryan
U17 Darren Steel

Edward Dudgeon
 Charlie Murray Jnr
 Chris O'Hare
 Fraser Mann
 Lewis Paulin

Tom Holligan

 Jonathan Wolf
 Stuart McKemmie
 Charles Brown

Team Nos 75,76,77,78,79

Ross Blair

 Adam Mackenzie

 Stewart Fraser

Corstorphine AAC

U13 Jack Keane
U15 Fraser Scott
U17 Neal Robb

Callum Smith
 Niall Waddell
 Calum McKenzie

Blair Robertson
 Craig Knowles

Team Nos 80,81,82

Andrew Christie

Dundee Hawkhill

U13 Finlay Mitchell
U15 Samuel Kelway
U17 Andrew Brookes

Ross Gourlay
 Martyn Gall
 Ewan Glassey

Team Nos 83,84

Falkirk Victoria H

U13 Euan Martin
 Stephen Lee
U15 Ewan Murray
 Fraser Stirling
U17 Dean Crawford

Graeme MacGregor
 Calum Brodie
 Jamie Stevenson
 Shaun Garwood
 Scott Leckie

Darren Weir

 Andrew Crone

Team Nos 85,86

Ben Stevenson

 Jonathan Dewar

Fife AC

U13 Kenneth Drysdale
 William Robertson
U15 Allan Drysdale
 Ian Hendry
 Ryan Ritchie
U17 James Carroll
 Jonathon Marks
 W. Thomas Salter

Matthew Innes
 Cameron Scott
 Andrew Evans
 Andrew Hood
 Iain Ronaldson
 Connor Hill
 Duncan McLachlan
 Frankie Scott

Matthew Morgan
 Keiran Thompson
 Neil Gray
 Ross Kilvington
 Cameron Scott
 Kevin Ireland
 Scott Ronaldson
 Keith Simpson

Team Nos 87,88,89,90

Alexander Prentice

 Connor Hawkis
 Hamish Kinnear
 Peter Silvera Michael Weir
 Alex Jones Daniel Laing
 Philip Salter

Gala Harriers

U13 Murray Lemon
U15 Cameron Fair
U17 Ian Frater

Team Nos 91**George Heriots**

U13 Fraser Gunn
U15 Roger Poolman
Joshua Yates
U17 Graham Scobie
Graham Dickson

Fraser Gunn
Grant McEwan

Hugh Brechin
Lewis Just

William Johnston
Ben McCullough-Young

Jonathan Neville

Team Nos 92,93,94

Leo Zawadzki
James Mildred Mark Shand

Nicholas Gunn

Lasswade AAC

U13 Adam Lyon
Cameron Goodall
U15 Adam Osbourne
U17 Gary Hamilton

Ryan Cook

Zander Lyon
Scott Anderson

Mark Perfect

Graeme Anderson
Jordon Thomson

Team Nos 95,96,97

Greg Loudon

Martin Brash Mark Baxter
Paul Benham

Livingston & Dist

U13 Greig Anderson
U15 Ian Hardacre
U17 Craig McDowall

Mathew Thomson

Team Nos 98**Pitreavie AAC**

U13 Anthony Young
U15 Craig Robinson
U17 Douglas Newsom

Peter Henderson
Peter Munnoch
Paul McNellis

Team Nos 99,100

SCarnegie H

Sarah Legge
 Fabienne Thompson
 Rosalyn Alexander
 Nicola May
 Mary McClung

Pauline Walker
 Catharine Idle
 Judith Turner
 Angela Sharp

Emily Hutchison
 Tracey Stamp
 Louise McDonough
 Michelle Murphy

Team Nos 65,66,67

Gail Murdoch
 Kirsty Baird
 Mehrmaz Campbell
 Morna Fleming

Carnethy HRC

Angela Mudge
 Jill Mykura
 Maggie Keegan

Lyn Wilson
 Kate Jenkins
 Margaret Forrest

Moira Stewart
 Lucy Coloquhoun

Team Nos 68

Joanne Anderson
 Hilary Spenceley

Central AC

Hazel Dean
 Emma Waterhouse
 Toni McIntosh
 Tracey Brindley

Morag MacLarty
 Jane Waterhouse
 Mary Kerr

Fiona Thompson
 Ainsley Normand
 Rowena Bell-Scott

Team Nos 69,70

Claire Waterhouse
 Jennifer Emsley
 Jane Mccrorie

City of Edinburgh

Debra Murray
 Philippa Steward
 Susan Hyatt

Lianne Harrison
 Mandy Calder
 Catherine Ferry

Eilidh Wardlaw
 Joanne Whitehead
 Janet Laing

Team Nos 71,72,73,74

Sharyn Ramage
 Jennifer MacLean
 Carol-Ann Gray

Corstorphine AAC

Rebecca O'Brien
 Phyllis Mitchell

Dee Turner
 Linda McGinley

Gillian Cockerell
 Anne Turner

Team Nos 75

Susan Waddell

Edinburgh Southern H

Violet Blair
 Joanna Ross

Karen Dobbie
 Marbeth Shiell

Sarah Hood
 Susan Ridley

Team Nos 76

Freya Murray Hayley Ovens

Ferranti AAC

Moira Nicol

Flora McArthur

Susana Gonzalez-Sanchez

Team Nos 77**Fife AC**

Sandra Aitken
 Louise Burt
 Carole Fraser
 Moira Grainger
 Fiona Lothian
 Mary Mitchell
 Carrie Ruxton
 Susan Thomson

Innes Bracegirdle
 Sarah Cullen
 Lisa Gamble
 Margaret Ingledew
 Kim MacGregor
 Johanna Paananen
 Jocelyn Scott
 Rhona Van-Rensburg

Lorraine Brown
 Catriona Duncan
 Addy Gerrard
 Nessie Kirkbride
 Eliza McLachlan
 Kate Pether-Smith
 Catharine Sinclair
 Heather Vermack

Team Nos 78,79,80,81,82

Lorraine Brown
 Kate Fitzpatrick
 Rhona Graham
 Phyllis Lemoncello
 Margaret McLaren
 Fay Potton Louise Provan
 Rosie Stenhouse
 Fiona Walker

Gala Harriers

Katy Anderson
 Leanne Haining
 Karen Renton

Patricia Affleck
 Margaret Crosbie
 Angela Foss

Dianne Lauder
 Fiona Dalgleish
 Melanie Goodson

Team Nos 83,84,85

Eileen Nicol
 Andrea Pogson

Hunters Bog T**Team Nos 86,87,88**

Jessica Batterham Claire Gordon Mary O'Kane Claire Thomas	Christine Buckley Michelle Jeffrey Sandra Rathjen Niamh Troy	Megan Clark Isobel Knox Jane Rosbottom	Karen Clarke Fiona Cruden Deborah McDonald Megan Smith
Lasswade AAC Wilma Kerr Ashleigh Kennedy	Lorna Rice Keira Murray	Nicola Murray	Team Nos 89 Johanne Turnbull
Lothian RC Helen Murray Marsie Ewing Valerie Dempsey	Margaret Turnbull Evelyn Freney	Saran Jones Gillian Godfree	Team Nos 90,91 Jill Horsburgh Lorna Eades Laura Sarkis
Metro Aberdeen Catherine McKay	Sue Carter	Jennifer Cain	Team Nos 92 Lynn Gray
Penicuik Harriers Sarah Blake Gillian Cairns	Christine Anderson	Karen Husband	Team Nos 93 Rachael Campbell
Pitreavie AAC Alison Whyte Eilidh Child Sharon Lamont	Hannah Norman Laura Mackintosh Elaine Renouf	Kim Paterson Helen Burns	Team Nos 94,95 Lauren Candlish Bridget Shotton
Portobello RC Karen Young Gillian McKelvie	Fen Parry	Jill Marrow	Team Nos 96 Julia Kennedy Sally Scott
Stirling Univ AC Jacqui Neighbour Steph Meysner	Melanie Easton Christine Bertram	Katie Stewart Ollie Paisley	Team Nos 97,98,99 Sandra Jansson Sarah Dixon Fiona Ramsay

Men

Carnegie Harriers

Robert Milton
Lewis Lawson
Andrew Hunter
Paul Arnott
Martin Butcher

Dennis Howett
Stephen Greer
Mike Harvey
John Hargreaves
Thomas Lawrence

Thomas Bowie
Allan MacAulay
George Murdoch
Garry Taylor
Chris Robison

Team Nos 1,2,3,4,5

Ian Stewart
Peter Simpson
Peter Humphreys
David Millar
Andrew Durham

Central AC

Robert Russell
Robert Hutchison
Steve Laing
Michael Wright
James Drummond
Ewan Gault
William Gault

Alastair Hay
Cameron Campbell
David Hay
Ian Beattie
David Armour
Craig Walker
George McHardy

Alasdair Anthony
Lewis Millar
Philip Williams
Martin Crawford
Ross Houston
Miguel Merayo
Fraser Purvis

Team Nos 6,7,8,9,10,11

Alex Milne
John Millar
Murray MacLarty
Alan Gall
Hugh Kerr
John Burke

City of Edinburgh

Kevin Anderson
Colin Cable
Martin Ferguson
Andrew Gibson
Colin Hutt
Andrew Laird
Alex MacEwen
Stephen Maniam
Martin Sneddon
Eric Stevenson
Steven Wales

David Blackie
Scott Campbell
Jonathan Ferry
Alistair Hennessey
Scott Innes
Andrew Laycock
P Middleton
Robert Morris
Gordon Steel
Adam Ward
Rhuardh White

Team Nos 12,13,14,15,16,17,18,19,20

John Blair
Keith Dunlop
Darren Gauson
Rob Hooton
Magnus Inglis
Keith Lyle
Hugh MacInnes
Robert Riddell
John Steel
Sean Wilkinson
Matt Mitchell

Matthew Bell
Andy Fife
Kris Gauson
Brian Howie
Mark Johnston
Juan Mareque
David MacLean
Scott Thomson
Grant Stewart
Jonathan Whitehead

Corstorphine AAC

Douglas Selman
Ewan Stark
Chris O'Brien
Keith Hood
Steven Blair
John O'Hara
Jim Bruce

Scott Pilkington
Steven O'Brien
Timothy Norwood
Dean Carr
Graeme Fletcher
Jan-Bert Van Den Berg
Martin Hulme

Alistair McColl
Alex Cumming
Scott Bisset
Paul Walker
David Henderson
Martin Caldwell

Team Nos 21,22,23,24

Kris Berry
Bryan Clark
Moray Anderson
James Felstead
David Law
Iain Cumming

Dundee Hawkhill

Neil Gunstone
Gordon Barrie
David MacDonald
Gordon Watson
Stephen Mason

Charles Haskett
David Adam
Stephen Borland
Allan Wilson

Pete Fox
John Castle
David Hanlon
Brian Cook

Team Nos 25,26

Joe Symonds
Craig Ross
David Mitchell
Eddie Holmes

Edinburgh Uni

James Williamson

Jonathan Henderson

Huw Jones

Team Nos 27

Christopher Satow

Falkirk Victoria H

Sean Agesen
William Higgins
Michael McQuaid
Neil Robertson
John Stevenson

William Day
Nicholas Hurren
Stephen Moore
David Robertson
Alexander Davidson

Eric Donaldson
John Martin
David Murray
Andrew Ronald
Gary Smith

Team Nos 28,29,30

Douglas Gillespie
Paul McKerracher
Kenneth Rankin
Alasdair Stewart

Ferranti AAC

Robert Miller
Edward McDonald
Jim Leach
Mike Connor

Trevor Ridley
Malcolm Fraser
Stephen Reid
Ross Anderson

John Gavin
Mark Fairbairn
Iain Shaw

Team Nos 31,32,33

Keith Weston
Alex Bell
Ian Duguid

Fife AC

Bryce Aitken
Andrew Barker
Graham Bennison
Colin Brown
Brian Cruickshank
Nigel Fowler
Douglas Gunstone
John Kay
William Law
John Macfarlane
Gordon Mathieson
Frank McLaren
Terry Mitchell
David Ovens
Ian Poolman
Alastair Robertson
Mel Scobie
Richard Shaw
Robert Stark
John Thomson
Gary Whitton

David Anderson
Gary Barker
Stewart Biggar
Chris Clark
Sandy Cruickshank
David Francis
Jim Haig
John Keenlyside
Grant Laycock
John MacPherson
Mitchell McCreadie
Alan Meiklejohn
Stephen Moffatt
Ian Overton
Roger Rees
Douglas Robertson
Rory Scott
David Shepherd
James Taylor
Jez Tomlinson
Neil Young

Team Nos 34,35,36,37,38,39,40,41,42,43

Laurence Anderson
David Bee
Graham Breslin
Roger Clark
Adrian Davis
John Gilfillan
Mark Harley
Stuart Knowles
Stewart Leckie
Vincent MacPherson
Hugh D. McKay
Ron Mill
Ronnie Morrison
Brian Peachey
Leonard Rhone
Christopher Russell
Tom Scott
David Sleigh
Scott Taylor
Rennie Urquhart

Robert Annand
Graham Bee
Andrew Brierley
Stephen Clark
Steven Doig
Owen Greene
Trevor Jones
Brian Landels
Andrew Liston
Neil Martin
Roy McLachlan
Michael Mitchell
John Murdoch
Gary Pirie
Paul Roarty
Markus Schlosser
Jonathan Seeley
Bill Smith
Gordon Thomson
David Weir

Gala Harriers

Robin Murray
Thomas Knox
Rob McCrirrick
Struan King
Malcolm Gowans

Anthony Lunn
Alistair Laurie
Euan Jardine
Graham Pogson
Derek Fraser

Martin Clarke
Dave Nightingale
Ron Logan
Graeme Murdoch
David Darroch

Team Nos 44,45,46,47

Jack Knox
Steven Gillan
Fergus Johnston
Ewan Lindores
John Borthwick

George Heriots

Kevin Wilson
Peter MacRae

Michael Grant
David Armstrong

James McLay

Team Nos 48

Luke Yates

Hunters Bog T

Duncan Baker
Colin Farquharson
John Hampshire
Ian Marshall

Gary Brown
Andrew Gillespie
Alistair Hart
John McKay

Steven Cairns
Keith Gooch
Craig Hunter
Neil McKay

Team Nos 49,50,51,52,53

Ian Campbell
Norman Gould
James Jarvis
Billy Minto

Philip Mowbray
Patrick O'Kane
Geoff Simpson
James Thyne

Niall Munro
Jon Rathjen
Jamie Thin
Richard Wall

Donald Naylor
Mark Roberts
Neil Thomas
Ian Wellock

Ivor Normand
Alistair Simpson
Robin Thomas
David Wright

Lasswade AAC

Barney Phillips
Brian Kirkwood
Dean Philip
Neil Rutherford

Ben Mitchell
Paul Elliot
Douglas Philip

John Murray
Colin Swan
David Veitch

Team Nos 54,55

Alan Cummings
Ross Finlayson
Kirk Smith

Lothian RC

Ross Milne
Donald Shaw
David Eades
Robert Lee
David Simmons

Murray Robertson
Colin Meek
David Godfree
Tim Linford
Peter West

Bryan Stewart
Graeme Ackland
Kenton Jones
Hugh Miller

Team Nos 56,57

Stephen Dempsey
Richard Docherty
Steven Lawrie
Richard Moir

Metro Aberdeen

David Nugent
Mark Johnston
Mick Flynn

William Reid
Forbes Reid
Stephen Forbes

Keith Farquhar
Neil Mitchell

Team Nos 58,59

Andrew Reid
Darren Kinsella

Penicuik Harriers

Mike Creamer
Michael Browne

Graeme Nicholson
John Forrest

Ritchie McCrae
Graham White

Team Nos 60

Kenneth Cairns
Michael Brooks

Pitreavie AAC

Paul McCloskey
Cameron Watson
Derek Simpson
Stuart Forrester
Peter Coleman

John Newsom
Barry Davie
Paul Allan
Archibald Duncan
Francis Smith

Stephen Irwin
Stuart Chisholm
Stephen Newsom
Sean McQueen

Team Nos 61,62,63,64

Graeme Lister
Michael Burns
Colin Simpson
Nigel Cunningham

Portobello RC

Alan Aitchison
Scott Jarvie
Marc Thomson

Ricky Fraser
Keith Mayfield

William Jarvie
Ben Kemp

Team Nos 65,66

Gerard Scullion
Kenny Leitch

Standard Life

Bruce Smith
Robert Hendry
Bruce Hall

Neil Paton
Glyn Quesnell

Alan Brown
Bill Ferrari

Team Nos 67,68

David Gibson
Graeme Orr

Stirling Univ AC

Ian Greep
Iain Whittaker

Malchom Harvey
Andrew Combe

Daniel Mathieson
Andrew Cowie

Team Nos 69,70

Gavin Hogarth
Andrew MacGregor

Teviotdale Harriers

David Cavers

Alister Biggar

Derek Scott

Team Nos 71,72,73

Alan Coltman

Robert Cranston
Francis Cannon

Robert Halliday
Wayne McIntosh

Norman Taylor
Billy Fraser

James Pittillo
C Scott